

CoachCompanion
South Africa
WE CHANGE THE WORLD



DIPLOMA IN COACHING & INTERNATIONAL CERTIFICATION

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MARCH – NOVEMBER 2019



ABOUT COACHCOMPANION SOUTH AFRICA



CoachCompanion is an international company that operates in Sweden, Finland and South Africa. Established in Sweden in 2005 to exclusively offer professional coaching, we are one of the few coaching companies to be accredited by the International Coach Federation (ICF) www.coachfederation.org as a professional provider of the Approved Coach Training Program (ACTP).

ICF has given us the right to administer an oral exam and the associated assessments for our trainees to become Associated Certified Coaches (ACC) and Professional Certified Coaches (PCC). We have many years of experience in professional coaching

and coach training. As a result, we are able to offer effective and result-driven national and international coaching and training interventions.

We use our own unique model, the Propeller® which puts coaching into context, whereby the roles of manager, leader and coach are interdependent and complement each other for a greater outcome.

We use coaching to unleash the power of individuals and companies to reach their potential for their benefit and greater good for humanity. We plan to become the most sought-after company that provides professional coaching services in Africa. We

provide individual executive coaching, group coaching as well as tailor-made coaching packages for companies.

CoachCompanion South Africa is pleased to have acquired the rights to operate in the rest of African continent. It is led by the dynamic, driven and accomplished professional, Dr Maureen Tong whose career includes teaching, training, research, being a published author, public service, executive and non-executive directorship of for profit and not-for profit organizations, establishing a highly respected leadership institute, a presidential library and being a business owner.

VISION

Coaching for Everyone

MISSION

We change the World

WE WILL ACHIEVE THIS BY:

Striving for excellence in our programmes

Utilising each and every opportunity for the advancement of humanity

Embracing the ethical and moral behavioural values in lifelong learning

OUR CORE VALUES

Our core values are based on the three Ps;

Personal touch

Passion

Professionalism

We love what we do and we know what we are doing. We are and professional in the way we serve others

CEO, DR MAUREEN TONG



Dr Maureen Tong is an international lawyer, a published author; an academic and a business woman. She holds a PhD in international law from the Université de Strasbourg, where she successfully defended her thesis in French. Her was awarded BLuris; LLB and LLM by the University of KwaZulu-Natal

She is the Chairwoman of the InvesTong Group; Executive Chairwoman of Kutlwelo Resources; and Board Member of PingLady, an incubator for women in technology.

She has many years of experience as a mentor, coach, researcher, trainer and facilitator. She has facilitated at several international workshops, seminars and conferences. She is a sessional lecturer at Wits Business School (WBS) and at Wits Commercial Enterprise (Pty) Ltd where she teaches Leadership; Emotional Intelligence, Cultural Intelligence; Talent Management; Diversity Management and Inclusion as well as Change Management.

Dr Tong established the Thabo Mbeki African Leadership Institute (TMALI) and served as Project Manager for the establishment of the Thabo Mbeki Presidential Library (TMPL); both of which are joint projects of the Thabo Mbeki Foundation and the University of South Africa (Unisa)

A former senior civil servant, she served as the first Chief Operations Officer (COO) at the Department of Rural Development and Land Reform; as Chief of Staff at the Ministry for Agriculture and Land Affairs; and as Operations Manager at the United Nations Development Programme (UNDP). She previously served as Deputy Director of the Centre for Human Rights (CHR) at the University of Pretoria. She served on the High-Level Research Panel on Land at the John Langalibalele Dube Institute at the University of KwaZulu- Natal. She was Street Law Coordinator at the Centre for Socio-Legal Studies at the University of KwaZulu- Natal.

Dr Tong worked as Project Officer for Botswana, Democratic Republic of Congo, South Africa and Namibia at the African Management Services Company (AMSCO) implementing the African Training Management Services (ATMS) a Project of the World Bank, the International Finance Corporation (IFC) and the UNDP.

She served as Research Manager at the Women's Development Bank (WDB) Trust and as Chairwoman of the Board of the YWBN Corporate Finance Institution (CFI), which has applied to become the first majority women-owned Mutual Bank in South Africa. She served Chairperson of the Board of the Health Systems Trust (HST).

She is Deputy National Secretary of Coaches and Mentors of South Africa (COMENSA) and Vice President of the Pretoria Chapter of Professional Speakers Association of Southern Africa (PSASA).

Dr Maureen Tong is a member of the International Coach Federation (ICF)

WHAT IS PROFESSIONAL COACHING?



“Coaching is partnering with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential.

Professional coaches provide an ongoing partnership designed to help clients produce fulfilling results in their personal and professional lives. Coaches help people improve their performance and enhance the quality of their lives.

Coaching is a positive process that leads individual and companies to reach their personal and professional goals. A professional coach is fully trained and competent in all eleven core competencies acknowledged by the International Coaching Federation (ICF).

Coaching means:

- Bringing out the best in each person
- Unleashing the potential of each person
- Getting the individuals to find their own momentum and rhythm
- Getting the individual client to find their own self-generated solutions

Coaching process is based on:

- Trust
- Proximity
- Direct communication
- Partnerships between coach and the client
- Significantly increasing efficiency and cost
- Value for money
- Fitness of and for purpose
- Transformational

All our coaching is based on the following 11 international core competencies, as defined by the ICF:

1. Meeting ethical guidelines and professional standards
2. Establishing the coaching agreement
3. Establishing trust and intimacy with the client
4. Coaching presence
5. Active listening
6. Powerful questioning
7. Direct Communication
8. Creating awareness
9. Designing actions
10. Planning and goal-setting
11. Managing progress and accountability

Clients

Our clientele base includes leaders, CEOs, human resources executives, customers, students, parents, professionals, family, friends and most importantly you as an individual.

OUR TRAINING PROGRAMS



OUR TRAINING PROGRAMMES

- Introduction to Coaching
- Diploma in Coaching
- Leadership Coaching
- International Associate Certified Coach (ACC)
- Professional Certified Coach (PCC) Program
- Executive Coaching
- Tailor- made internal programs for companies

Leadership Coaching

We are one of the few coaching companies that offer Coaching Leadership with international certification. The participants may proceed to have the opportunity to become ACC or PCC certified, depending on the amount of client hours they have done.

Our Leadership Coaching Program is a very

strong complement to the 8-day Diploma in Coaching. we strongly recommend to our clients to add 2 days of Coaching Leadership after the ICF Diploma.

The price for the Coaching Leadership program depends on the number of participants.

Associate Certified Coach (ACC) or Professional Certified Coach (PCC) Assessment method to acquire ACC or PCC Status includes:

- An oral exam is administered by CoachCompanion at the end of the program
- A written examination administered by the ICF at the end of the programme

Executive Coaching

CoachCompanion offers Executive Coaching. The programme details and price are as per the needs of the client

Taylor-made Programs for Companies

We can develop internal training programmes for companies for different levels of staff based on their unique needs

INTRODUCTION TO COACHING



PURPOSE

Introduction to Coaching is offered to groups or organizations who wish to use coaching to address matters of common interest or to achieve specific organizational goals and objectives. These could include improving group cohesion and organizational performance.

It is also offered to individuals who wish to be introduced to coaching by initially attending 2 days of coach training. After the two days, they continue with the Diploma in Coaching or do two days of Leadership Coaching later.

At the end of the Introduction to Coaching participants will be able to Master 5 (five) of the 11 ICF-defined core competencies for professional coaching.

The program ends with the award of certificates of attendance. Those who wish to continue their coach training may register for the Diploma in Coaching or register for the Leadership Coaching. They may later enrol for the training to become internationally certified coaches.

TARGET GROUP

Members of organizations who wish to achieve specific organizational goals. It is also for individuals who wish to be introduced to coaching

PROGRAM

1. Runs for 2 days
2. Based on the **five** of the 11 core competencies of coaching, namely:
 - a. Active listening
 - b. Powerful questions
 - c. Direct communication
 - d. Planning and setting goals
 - e. Designing Actions

Benefits of the Introduction to Coaching

- Improve communication skills
- Improve personal and professional relations
- Get personal insights, finding own inner strengths, gifts and talents
- Finding meaning and purpose
- Support teams to be more effective
- Improve self-confidence
- Learn basic coaching skills

FEES

Our fee for this training is R 3 000 per participant.

The fee includes:

- 2 days of 8 hours each
- Training materials
- Certificate of attendance at the end of the training

Banking Details:

Account : CoachCompanion South Africa
Bank : First National Bank
Branch : Woodlands
Branch code: 250655
Account No: 626523 484 10
Account type: Business Cheque

DIPLOMA IN COACHING



Purpose

- This is introductory training in professional coaching.
- At the end of the training the participants will be able to master the 11 ICF-defined core competencies for professional coaching
- Diploma awarded to those who have qualified.
- Afterwards participants may register for leadership coaching or train to become an internationally certified coach

Target Group

Executives; middle managers, project managers; educators, consultants and anyone who works as a coach without being formally trained.

Program

Training runs for 10 days, 2 blocks of 5 + 5 days.

FIRST BLOCK

1. First block takes place from 25– 29 March 2018
2. There will be a 6-week break period afterwards
3. During the break trainee coaches must do 9 hours of pro bono coaching sessions: 3 hours each with 3 clients

SECOND BLOCK

1. Second block runs for 5 days
2. After second block, trainee coaches will do a FURTHER 6 hours of pro bono coaching sessions: 2 hours each with the same 3 clients they had before

ORAL EXAM

1. Trainee coaches will receive 5 sessions of 1 hour each of individual mentor-coaching
2. Each trainee coach must do 15 hours of coaching sessions on a pro bono basis to qualify for the oral exam
3. An oral exam is scheduled for one day 2 months after Block 2

DIPLOMA DAY

1. Those who make it during the oral exam will receive a diploma on the same day
2. Trainee coaches may take the oral exam as many times as they wish until they make it – see our training schedule for future Diploma Day

CERTIFICATE OF ATTENDANCE

We confer certificates of attendance to those who have not yet taken the oral exam and therefore have not yet obtained their Diploma

FEES

The total cost of the training per participant is R 20 000

Sponsored Participants

Participants who are sponsored by their company pay R 20 000: R 10 000 by 15th of the month before first Block and R 10 000 by 15th before second block

Participants paying for themselves

Those paying for themselves only pay R 15 000: R 7500 by 15th the month before first block and R 7500 by 15th the month before second block.

Alternatively: 3 equal payments of R 5000

Oral exams will only be offered to those who have made full payment

The fee includes:

- 10 days of training - 8 hours each
- Training materials
- Coach mentoring session - 5 session of 1 hour each through telephone or Skype
- Oral exam
- Diploma printed at the end of the training

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Please use your name as a reference

DIPLOMA IN COACHING & INTERNATIONAL CERTIFICATION – 2019 ANNUAL TRAINING SCHEDULE



BLOCK	MONTH	DATE
First Intake	March	25 - 29 March 2019
International Certification or Coaching Leadership	March	30 - 31 March 2019
Second Intake	May	20 - 24 May 2019
International Certification or Coaching Leadership	May	25 - 26 May 2019
Second Block of First Intake	May	27 - 31 May 2019
Third Intake	July	22 - 26 July 2019
International Certification or Coaching Leadership	July	27 - 28 July 2019
Second Block of Second Intake	July	29 July - 2 Aug
Diploma Day	Aug	2 Aug 2019
Fourth Intake	September	9 - 13 Sept 2019
International Certification or Coaching Leadership	September	14 - 15 Sept 2019
Second Block of Third Intake	September	16 - 20 Sept 2019
Diploma Day	September	20 Sept 2019
Second Block of Fourth Intake	November	18 - 22 Nov 2019
International Certification or Coaching Leadership	November	23 – 24 Nov 2019

CORPORATE INFORMATION



REGISTERED NAME

CoachCompanion South Africa

REGISTRATION NUMBER

2016/035869/07

TAX NUMBER

9045 077 253

CSD SUPPLIER NUMBER

MAAA 0392 329

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AUDITORS

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LAWYERS

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Email : info@nortonrosefulbright.com
Web : www.nortonrose.com/za

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